

# Convivencia escolar- Dupla Psicosocial



**Objetivo:** Reflexionar sobre la autoimagen

Actividad: "¿Quién soy?" Describir como se ven a sí mismos, (yo soy... hermana, hija, alegre, divertida, entusiasta, callada, de muchos amigos, de pocos, me gusta, etc...)

The worksheet is designed for a self-reflection activity. It features five blue-outlined speech bubble shapes of various sizes and orientations, intended for students to write their responses. In the center, the question "¿Quién soy?" is written in red, with four red arrows pointing outwards towards the four surrounding speech bubbles. The bottom-most speech bubble is the largest and is positioned centrally.